



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

\$62 FOR 3 RACE PACKAGE 2017

Guaranteed race shirt & stress free registration

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Date of Birth: _____ Age: _____ Signature: _____

Sex: M F **T-Shirt Size:** Youth M Youth L S M L XL XXL

*Technical t-shirt for Triathlon & Half-Marathon participants (unisex sizes): Tech T-Shirt Size _____

Add \$16 for Triathlon, Duathlon and/or \$16 for Half-Marathon

OPTION 1:

Race of Champions: 5k Run 2 Mile Run 2 Mile Walk

Altoona Curve Race: 5k Run 2 Mile Run 2 Mile Walk

July 4th Race: 15k Run 5k Run 2 Mile Walk

OPTION 2:

Bud Shuster Race: 1 Mile Run 2 Mile Run 2 Mile Walk

October Races: Half-Marathon (add \$16) 10k Run 5k Walk

Turkey Trot Race: 4.5 Mile Run 2 Mile Run 2 Mile Walk

OPTION 3:

Twilight Race: 5k Run 2 Mile Run 2 Mile Walk

Canoe Creek Races: Triathlon (add \$16) Duathlon (add \$16) 5k Run 2 Mile Walk

Diamond Dash: 10k Run 6k Run 5k Walk

WAIVER: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Hollidaysburg Area YMCA and all event sponsors, event volunteers and their officers, directors, agents, successors and or assigns for any and all injuries suffered by me at this event, while traveling to and from race or while participating in the event. I attest that I am physically fit and prepared for this event. I understand that I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by the aforementioned parties.